



Poulton St Chad's Church of England Primary School



Curriculum Overview for PE

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Emeralds	Fundamental Movement Skills	How to Catch a Star	Jack and the Beanstalk.	The Hungry Caterpillar	Super Worm	Seaside
Diamonds	Year 1 Lost and Found Baseline	Catching and bouncing a ball	FMS - Supertato	Dance - Robots	Gymnastics I	Athletics
Sapphires	FMS Baseline Unit – Supertato and FMS Underarm Throw	Dance – Moving Along and Gymnastics	FMS Overarm throw and Dance – Three Little Pigs	FMS Kicking Unit and FMS Bounce Ball	Seaside and Games – Piggy in the Middle	Athletics
Amethysts	Net and Wall	Gymnastics	Dance	Playground Games in the 20 th Century FMS	Striking and Fielding	FMS End of KSI Assessment
Year 3	Invasion Games – Handball	Gymnastics	Dance and Swimming	Athletic activities and Swimming	Striking and Fielding Games – Rounders and Swimming	OAA – Trust and Trails and Swimming
Year 4	Target Games – Dodgeball and Swimming	Dance and Swimming	OAA – team work and problem solving	Invasion Games – Basketball	Gymnastics	Athletics
Year 5	Gymnastics	Invasion Games – Rugby	Dance	Invasion Games – Hockey	Athletics	Orienteering
Year 6	Invasion Games – Netball	Gymnastics	Dance	Creative Games	Athletics	Striking and Fielding - Rounders