

CHURCH OF FNGLAND PRIMARY SCHOOL



At Poulton St Chad's, all of the adults around you think that your health, safety and welfare are very important. In our school we respect you and want to keep you safe and help protect your rights. We do our best to help you make good progress in your school work and to be happy. We teach you how to recognise risks in different situations, how to protect yourselves and stay safe.

What is bullying?

Bullying is when you keep picking on someone because you think you're cooler, smarter, stronger or better than them. The behaviour is repeated, or has the potential to be repeated, over time. Bullying includes actions such as making threats, spreading rumours, attacking someone physically, mentally or verbally, and leaving someone out of a group on purpose.

Poulton St Chad's does not tolerate bullying of any sort. We can talk to an adult if this is happening to us or to someone else.

How will we try and protect you?

- We will try to provide a safe environment for you to learn in
- We want to ensure that you remain safe at home as well as in school
- We think that it is important for and Mrs Coulson you to know where to get help if you are worried or unhappy about something

If you need to talk, we WILL lister/

- You can talk to any adult in school when you need to
- It is Mrs Bitsakaki's job to keep you safe, and she has help from Mr Leeming, Mrs Shrewsbury
- Put something in the worry box
- Tell a friend, then go with your friend to tell an adult

Don't keep it a secret if someone is:

- Bullying you, or if you know someone is being bullied
- Saying things to you that you do not like, or which upsets you
- Touching you
- Hitting you or hurting you
- Taking your things
- Sending you unkind messages

Written in with the help of Poulton St Chad's School Council 21-22