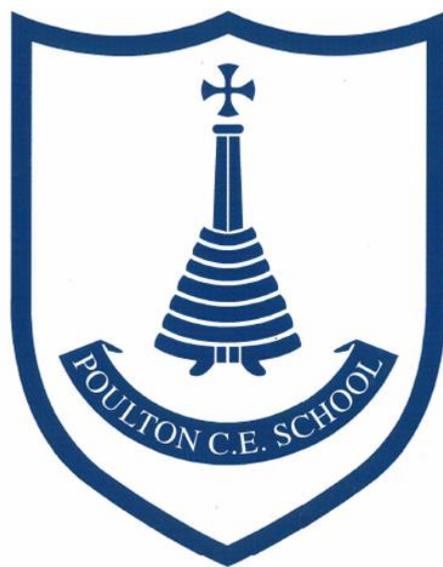


Poulton St Chad's C of E Primary School



Year Group Class Charters

Year Group Expectations in
Resilience and Independence

What are Resilience Year Group Expectations?

At St Chad's we recognise that children need to develop not only academically but also in developing skills to become more independent. The following information is designed to inform parents and pupils what is expected from every child in each year group. Of course, there will be circumstances where certain expectations will not apply to some children due to exceptional circumstances.

This information has been collated in order to help pupils become more organised, independent and, in turn, more resilient.

What is resilience and why is it so important?

Resilience is not just about “bouncing back.” It's about “bouncing forward.” Resilience doesn't just mean getting back to normal after facing a difficult situation. It means learning from the process in order to become stronger and better at tackling the next challenge.

It's not limited to tragedies or major life events, either. Resilience applies to more common struggles too. In fact, when children respond to *any* type of challenge—including new learning—it creates an opportunity to bounce forward. It helps them learn coping skills and how to find solutions to problems.

Whole School Expectations:

- Be willing to have a go and understand that mistakes are part of our learning experience
- All uniform must be named
- If shoes with laces are worn, then pupils must be able to tie them independently
- Keep shirts tucked in
- Have a suitable book bag - not a rucksack
- Ensure all homework is submitted on time
- Tidy up independently
- Inform an adult immediately of any accidents or incidents

How parents can help:

- Tying laces should be taught at home. Shoes with laces should not to be worn in school unless they can be tied independently – this includes non-school uniform days
- Ensure ALL your child's uniform (including PE kits and shoes) are named
- No toys should be brought into school
- Ensure your child has an appropriate book bag and not a rucksack.

Reception focuses to work towards in the first half term:

- Take care of own personal hygiene independently.
For example: being able to use the toilet and wash hands
- Change clothes independently
- Eat with a knife and fork
- Follow two/three step verbal instructions
- Read / Recognise own name
- Recognise numbers 1 to 10
- Listen and focus for 5 minutes
- Hold book and turn pages correctly
- Look after own belongings
- Sit correctly on chair / carpet
- Understand and respect one another's personal space
- Use 'kind' hands with other children
- Walk without a pushchair or reins
- Not use a dummy
- Take turns when speaking

How parents can help:

Please refer to your welcome packs which were given out at inductions. This information is also available on our school website.